

FILE DE SOMON LA GRATAR CU CARTOF FONDAT 300 GR

Raw material	Quantity (kg)	Counted to 100.00	din care		Carbohidrati	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat		proteina%	zaharuri		
FILE DE SOMON CONG	0.18	54.22	8.08	0.16	10.73	0.00	0.00		
CARTOFI	0.15	45.18	0.02	0.00	0.71	9.09	0.38		0.02
SARE	0.00	0.30							0.12
Added ingredients									
PIPER	0.00	0.301	0.01	0.00	0.03	0.03	0.00		0.09
Salt content in product:	0.30	85.00							
Total (kg)	0.33		8.11	0.16	11.48	9.12	0.38	124.08	0.23
Loss during heat treatment:		produs finit--	9.54	0.19	13.50	10.73	0.45	145.98	0.27
VALOARE ENERGETICA [KJ]: 610.79									