

### SUPA DE VARZA 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		proteina%	Carbohidrati	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat			zaharuri			
Water ice / APA/GHEATA	0.20	48.66								0.01
SMANTANA 20 %	0.01	2.43	0.49	0.07	0.07	0.08	0.00			
SARE	0.00	0.24								0.10
<b>Added ingredients</b>										
CONCENTRAT DE LEGUME	0.00	0.487	0.00	0.00	0.00	0.00	0.00			0.00
VERDEATA	0.00	0.487	0.00	0.00	0.01	0.03	0.00			0.00
CEAPA	0.01	2.433	0.00	0.00	0.03	0.23	0.01			0.00
CONDIMENTE	0.00	0.730	0.00	0.00	0.01	0.16	0.03			0.00
MORCOVI	0.01	2.433	0.01	0.00	0.02	0.23	0.01			0.39
ULEI	0.01	1.217	1.12	0.11	0.00	0.00	0.00			0.00
VARZA PROASPATA	0.16	38.929	0.12	0.00	0.47	2.07	0.07			15.10
TELINA	0.01	1.703	0.00	0.00	0.01	0.05	0.00			0.53
PIPER	0.00	0.243	0.01	0.00	0.03	0.16	0.00			0.08
Salt content in product:	0.24	80.00								
<b>Total (kg)</b>	<b>0.41</b>		<b>1.75</b>	<b>0.18</b>	<b>0.65</b>	<b>3.01</b>	<b>0.13</b>		<b>19.46</b>	<b>16.20</b>
Loss during heat treatment:		<b>produs finit-</b>	<b>2.19</b>	<b>0.23</b>	<b>0.81</b>	<b>3.76</b>	<b>0.16</b>		<b>24.33</b>	<b>20.25</b>
<b>VALOARE ENERGETICA [KJ]: 101.78</b>										