

### SNITEL DE PORC IN MIX DE SEMINTE 100 G

Raw material	Quantity (kg)	Counted to 100.00	din care		Carbohidrati	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat		proteina%	zaharuri		
COTLET DE PORC	0.11	63.95	4.44	0.11	13.78	0.00	0.00		
OUA	0.01	5.81	0.55	0.02	0.73	0.04	0.00		
SARE	0.00	0.58							0.23
<b>Added ingredients</b>									
MIX DE SEMINTE	0.01	2.907	1.51	0.03	0.45	1.09	1.62		0.00
ULEI	0.03	14.535	13.37	1.34	0.00	1.36	0.00		5.64
PIPER	0.00	0.581	0.02	0.00	0.06	0.05	0.00		0.18
FAINA ALBA	0.02	11.628	0.13	0.00	1.21	8.49	0.00		3.60
Salt content in product:	0.58	70.00							
<b>Total (kg)</b>	<b>0.17</b>		<b>20.02</b>	<b>1.50</b>	<b>16.24</b>	<b>11.04</b>	<b>1.62</b>	<b>259.57</b>	<b>9.65</b>
Loss during heat treatment:		produs finit--	<b>28.60</b>	<b>2.14</b>	<b>23.19</b>	<b>15.76</b>	<b>2.31</b>	<b>370.82</b>	<b>13.79</b>
<b>VALOARE ENERGETICA [KJ]: 1551.51</b>									