

### PILAF DE OREZ CU PUI 300 GR

Raw material	Quantity (Kg)	Counted to 100.00	din care		proteina%	Glucide	din care		Val En [Kcal]
			grasimi %	Ac grasi sat			zaharuri		
Water / APA	0.10	29.24							
PIEPT DE PUI	0.10	29.24	0.77	0.00	6.58	0.00	0.00		
ARDEI GRAS ROSU	0.01	2.92	0.01	0.00	0.03	0.18	0.01		
SARE	0.00	0.29							
<b>Added ingredients</b>									
CONCENTRAT DE LEGUME	0.00	0.877	0.00	0.00	0.00	0.00	0.00		
VERDEATA	0.00	0.585	0.00	0.00	0.02	0.04	0.00		
CEAPA	0.02	5.848	0.01	0.00	0.06	0.55	0.02		
OREZ	0.08	23.392	0.19	0.00	1.86	17.83	0.02		
MORCOVI	0.01	2.924	0.00	0.00	0.03	0.27	0.01		
ULEI FLOAREA SOARELUI	0.02	4.386	4.04	0.40	0.00	0.00	0.00		
PIPER	0.00	0.292	0.01	0.00	0.03	0.03	0.00		
Salt content in product: 0.29 80.00									
<b>Total (Kg)</b>	<b>0.34</b>		<b>5.02</b>	<b>0.41</b>	<b>8.62</b>	<b>18.89</b>	<b>0.06</b>		<b>82.34</b>
Loss during heat treatment:		<b>produs finit</b>	<b>6.28</b>	<b>0.51</b>	<b>10.78</b>	<b>23.61</b>	<b>0.08</b>		<b>102.92</b>
<b>VALOARE ENERGETICA [KJ]: 430.63</b>									