

CIORBA DE PUI TARANEASCA 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		Carbohidrat	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat		proteina%	zaharuri		
	0.00	0.00	0.00		0.00	0.00			
Water ice / APA/GHEATA	0.20	44.15							0.01
PIEPT PUI	0.07	15.45	0.40	0.00	3.48	0.00	0.00		
CARTOFI	0.05	11.04	0.01	0.00	0.17	2.22	0.09		0.00
FASOLE VERDE	0.02	4.42	0.01	0.00	0.08	0.35	0.01		
MAZARE	0.01	2.21	0.01	0.00	0.12	0.32	0.02		
ARDEI GRAS ROSU	0.01	2.21	0.01	0.00	0.02	0.13	0.01		
SARE	0.00	0.22							0.09
Added ingredients									
CONCENTRAT DE PUI	0.00	0.442	0.00	0.00	0.00	0.00	0.00		0.00
VERDEATA	0.00	0.442	0.00	0.00	0.01	0.03	0.00		0.00
CEAPA	0.02	3.311	0.00	0.00	0.04	0.31	0.01		0.00
CONDIMENTE	0.00	0.662	0.00	0.00	0.00	0.15	0.03		0.00
MORCOVI	0.02	3.311	0.01	0.00	0.03	0.32	0.02		0.53
OTET	0.00	0.442	0.00	0.00	0.00	0.00	0.00		0.00
TELINA	0.01	1.545	0.00	0.00	0.01	0.05	0.00		0.48
PIPER	0.00	0.221	0.01	0.00	0.02	0.14	0.00		0.07
VARZA PROASPATA	0.03	6.623	0.01	0.00	0.08	0.38	0.00		2.05
PASTA TOMATE	0.02	3.31	0.01	0.00	0.04	0.18	0.01		1.03
Salt content in product:	0.22	80.00							
Total (kg)	0.45		0.48	0.00	4.12	4.57	0.19	22.20	4.25
Loss during heat treatment:		produs finit:	0.61	0.00	5.15	5.71	0.24	27.75	5.32
VALOARE ENERGETICA [KJ]: 116.12									