

CIORBA TARANEASCA DE PORC 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		proteina%	Carbohidrat	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat			zaharuri			
	0.00	0.00	0.00		0.00	0.00				
Water ice / APA/GHEATA	0.20	49.38								0.01
PULPA PORC	0.05	12.35	0.21	0.00	2.81	0.00	0.00			
CARTOFI	0.05	12.35	0.01	0.00	0.19	2.48	0.10			0.00
MAZARE	0.01	2.47	0.01	0.00	0.13	0.36	0.02			
ARDEI GRAS ROSU	0.01	1.23	0.00	0.00	0.01	0.07	0.00			
FASOLE VERDE	0.02	3.70	0.01	0.00	0.07	0.29	0.01			
SARE	0.00	0.25								0.10
Added ingredients										
CONCENTRAT DE VITA	0.00	0.494	0.00	0.00	0.00	0.00	0.00			0.00
VERDEATA	0.00	0.494	0.00	0.00	0.01	0.03	0.00			0.00
CEAPA	0.01	2.469	0.00	0.00	0.03	0.23	0.01			0.00
VARZA PROASPATA	0.03	7.407	0.01	0.00	0.09	0.43	0.00			0.00
PASTA DE TOMATE	0.02	3.704	0.01	0.00	0.04	0.20	0.01			2.87
OTET	0.00	0.494	0.00	0.00	0.00	0.00	0.00			0.00
ULEI	0.01	1.235	1.14	0.11	0.00	0.00	0.00			0.48
TELINA	0.01	1.728	0.00	0.00	0.01	0.05	0.00			0.54
PIPER	0.00	0.247	0.01	0.00	0.03	0.16	0.00			0.08
Salt content in product:	0.25	80.00								
Total (kg)	0.41		1.42	0.11	3.45	4.31	0.16		27.95	4.07
Loss during heat treatment:		produs finit:	1.77	0.14	4.31	5.39	0.19		34.94	5.09
VALOARE ENERGETICA [KJ]: 146.18										