

CIORBA DE VITA CU LEGUME 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		proteina%	Carbohidrat	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat			zaharuri			
Water ice / APA/GHEATA	0.20	54.35								0.01
PULPA VITA	0.04	10.87	0.07	0.00	2.39	0.05	0.00			
CARTOFI	0.01	2.72	0.00	0.00	0.04	0.55	0.02			0.00
SMANTANA 20%	0.02	4.08	0.82	0.11	0.11	0.13	0.00			
FASOLE VERDE congelata	0.01	2.72	0.01	0.00	0.05	0.21	0.01			
MAZARE congelata	0.01	2.72	0.01	0.00	0.15	0.39	0.02			
ARDEI GRAS ROSU	0.01	2.72	0.01	0.00	0.03	0.16	0.01			
SARE	0.00	0.27								0.11
Added ingredients										
CONCENTRAT DE VITA	0.00	0.543	0.00	0.00	0.00	0.00	0.00			0.00
VERDEATA	0.00	0.543	0.00	0.00	0.02	0.03	0.00			0.00
CEAPA	0.02	4.076	0.00	0.00	0.04	0.38	0.02			0.00
MORCOVI	0.02	4.076	0.01	0.00	0.04	0.39	0.02			0.65
OREZ	0.02	4.076	0.03	0.00	0.32	3.11	0.00			3.16
OTET	0.00	0.543	0.00	0.00	0.00	0.00	0.00			0.00
ULEI	0.01	1.359	1.25	0.13	0.00	0.00	0.00			0.53
TELINA	0.01	2.717	0.00	0.00	0.02	0.08	0.00			0.84
PIPER	0.00	0.272	0.01	0.00	0.03	0.18	0.00			0.08
FAINA ALBA	0.01	1.359	0.01	0.00	0.14	0.99	0.00			0.42
Salt content in product:	0.27	80.00								
Total (kg)	0.37		2.24	0.24	3.39	6.67	0.10		35.17	5.80
Loss during heat treatment:		produs finit:	2.80	0.30	4.24	8.33	0.13		43.96	7.25
VALOARE ENERGETICA [KJ]: 183.93										