

CIORBA DE VARZA ACRA CU CARNE DE PORC 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		Carbohidrati	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat		proteina%	zaharuri		
Water ice / APA/GHEATA	0.20	45.15							0.01
CARNE PORC - SPATA	0.07	15.80	0.62	0.00	3.46	0.00	0.00		
VARZA MURATA	0.10	22.57	0.05	0.00	0.25	0.77	0.00		
ARDEI GRAS ROSU	0.02	3.39	0.01	0.00	0.03	0.20	0.01		
SARE	0.00	0.68							0.27
Added ingredients									
VERDEATA	0.00	0.451	0.00	0.00	0.01	0.03	0.00		0.00
CEAPA	0.01	2.257	0.00	0.00	0.02	0.21	0.01		0.00
BOIA	0.00	0.677	0.09	0.00	0.10	0.00	0.38		0.00
MORCOVI	0.01	2.257	0.01	0.00	0.02	0.22	0.01		0.36
ULEI	0.01	1.129	1.04	0.10	0.00	0.00	0.00		0.44
TELINA	0.01	1.580	0.00	0.00	0.01	0.05	0.00		0.49
PIPER	0.00	0.677	0.02	0.00	0.07	0.44	0.00		0.21
PASTA TOMATE	0.01	1.13	0.00	0.00	0.01	0.06	0.00		0.35
Salt content in product:	0.68	80.00							
Total (kg)	0.44		1.85	0.11	4.00	1.97	0.41	35.26	2.12
Loss during heat treatment:		produs finit:	2.31	0.13	4.99	2.47	0.51	44.07	2.65
VALOARE ENERGETICA [KJ]: 184.41									