

### CIORBA DE SPANAC CU AFUMATURA 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		Carbohidrati	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat		proteina%	zaharuri		
Water ice / APA/GHEATA	0.20	44.05							0.01
AFUMATURA	0.03	6.61	1.33	0.15	0.77	0.10	0.00		
RAMA CREFINE 15 %	0.03	6.61	0.23	0.01	0.23	0.30	0.01		
GALBENUS OU	0.01	2.20	0.58	0.06	0.35	0.08	0.00		
SPANAC proaspat	0.15	33.04	0.00	0.00	0.96	1.19	0.00		
SARE	0.00	0.66							0.26
<b>Added ingredients</b>									
CONCENTRAT DE LEGUME	0.00	0.661	0.00	0.00	0.00	0.00	0.00		0.00
VERDEATA	0.00	0.441	0.00	0.00	0.01	0.03	0.00		0.00
CEAPA	0.02	3.304	0.00	0.00	0.04	0.31	0.01		0.00
USTUROI	0.01	1.101	0.01	0.00	0.07	0.37	0.00		0.00
FAINA ALBA	0.01	1.101	0.01	0.00	0.11	0.80	0.00		
PIPER	0.00	0.220	0.01	0.00	0.02	0.14	0.00		0.07
Salt content in product:	0.66	80.00							
<b>Total (kg)</b>	<b>0.45</b>		<b>2.18</b>	<b>0.21</b>	<b>2.57</b>	<b>3.32</b>	<b>0.03</b>	<b>30.91</b>	<b>0.33</b>
Loss during heat treatment:		produs finit	<b>2.72</b>	<b>0.27</b>	<b>3.21</b>	<b>4.15</b>	<b>0.04</b>	<b>38.64</b>	<b>0.42</b>
<b>VALOARE ENERGETICA [KJ]: 161.67</b>									