

### CIORBA DE PUI CU IAURT 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		proteina%	Carbohidrati	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat			zaharuri			
Water ice / APA/GHEATA	0.20	54.50								0.01
PULPE DEZOSATE PUI, FARA PIELE	0.07	19.07	1.72	0.01	3.30	0.36	0.02			
GALBENUS OU	0.01	2.72	0.72	0.07	0.43	0.10	0.00			
IAURT	0.03	8.17	0.23	0.00	0.26	0.34	0.00			
SARE	0.00	0.27								0.11
<b>Added ingredients</b>										
CONCENTRAT DE PUI	0.00	0.272	0.00	0.00	0.00	0.00	0.00	0.00		0.00
VERDEATA	0.00	0.272	0.00	0.00	0.01	0.02	0.00			0.00
CEAPA	0.01	2.725	0.00	0.00	0.03	0.25	0.01			0.00
CONDIMENTE	0.00	0.272	0.00	0.00	0.00	0.06	0.01			0.00
MORCOVI	0.01	2.725	0.01	0.00	0.03	0.26	0.01			0.44
ULEI	0.01	1.362	1.25	0.13	0.00	0.00	0.00			0.53
TELINA	0.01	1.907	0.00	0.00	0.01	0.06	0.00			0.59
PIPER	0.00	0.272	0.01	0.00	0.03	0.18	0.00			0.08
FAINA ALBA	0.02	5.450	0.06	0.00	0.57	3.98	0.00			1.69
Salt content in product:	0.27	80.00								
<b>Total (kg)</b>	<b>0.37</b>		<b>4.01</b>	<b>0.21</b>	<b>4.67</b>	<b>5.60</b>	<b>0.05</b>		<b>56.63</b>	<b>3.44</b>
Loss during heat treatment:		<b>produs finit</b>	<b>5.01</b>	<b>0.26</b>	<b>5.84</b>	<b>7.00</b>	<b>0.06</b>		<b>70.79</b>	<b>4.30</b>
<b>VALOARE ENERGETICA [KJ]: 296.20</b>										