

CIORBA DE LEGUME CU CARNE DE PORC 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		proteina%	Carbohidrat	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat			zaharuri			
Water ice / APA/GHEATA	0.20	49.75								0.01
CARNE PORC - SPATA PORC	0.04	9.95	0.39	0.00	2.18	0.00	0.00			0.00
CARTOFI	0.05	12.44	0.01	0.00	0.20	2.50	0.10			
ARDEI GRAS ROSU	0.01	2.49	0.01	0.00	0.02	0.15	0.01			
SARE	0.00	0.25								0.10
Added ingredients										
CONCENTRAT DE VITA	0.00	0.746	0.00	0.00	0.00	0.00	0.00			0.00
VERDEATA	0.00	0.498	0.00	0.00	0.01	0.03	0.00			0.00
CEAPA	0.01	2.488	0.00	0.00	0.03	0.23	0.01			0.00
PASTA TOMATE	0.03	7.463	0.02	0.00	0.09	0.40	0.01			0.00
MORCOVI	0.02	3.731	0.01	0.00	0.03	0.36	0.02			0.60
VARZA PROASPATA	0.03	6.219	0.02	0.00	0.07	0.33	0.01			0.00
ULEI	0.01	1.244	1.14	0.11	0.00	0.00	0.00			0.48
TELINA	0.01	2.488	0.00	0.00	0.02	0.07	0.00			0.77
PIPER	0.00	0.249	0.01	0.00	0.03	0.16	0.00			0.08
Salt content in product:	0.25	80.00								
Total (kg)	0.40		1.62	0.11	2.69	4.24	0.16		26.80	2.04
Loss during heat treatment:		produs finit	2.03	0.14	3.36	5.30	0.21		33.50	2.54
VALOARE ENERGETICA [KJ]: 140.17										