

CIORBA DE CARTOFI CU AFUMATURA 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		din care		Val En [Kcal]	Na	
			grasimi %	Ac grasi sa	proteina%	Carbohidrat zaharuri			
Water ice / APA/GHEATA	0.20	52.49						0.01	
AFUMATURA (CIOLAN AFUMAT)	0.03	7.87	1.58	0.18	0.91	0.12	0.00		
CARTOFI	0.11	28.87	0.01	0.00	0.45	5.81	0.24	0.01	
SARE	0.00	0.26						0.10	
Added ingredients									
CONCENTRAT DE PUI	0.00	0.000	0.00	0.00	0.00	0.00	0.00	0.00	
VERDEATA	0.00	0.262	0.00	0.00	0.01	0.02	0.00	0.00	
CEAPA	0.01	2.625	0.00	0.00	0.03	0.25	0.01	0.00	
MORCOVI	0.01	2.625	0.01	0.00	0.02	0.25	0.01	0.42	
PASTA DE TOMATE	0.01	1.312	0.00	0.00	0.02	0.07	0.00	0.21	
ULEI	0.01	1.312	1.21	0.12	0.00	0.00	0.00	0.51	
TELINA	0.01	1.837	0.00	0.00	0.01	0.05	0.00	0.57	
PIPER	0.00	0.262	0.01	0.00	0.03	0.17	0.00	0.08	
BOIA DULCE	0.00	0.26	0.03	0.00	0.04	0.00	0.15	0.71	
Salt content in product:	0.26	80.00							
Total (kg)	0.38		2.86	0.30	1.52	6.73	0.42	34.62	1.99
Loss during heat treatment:		produs finit:	3.58	0.38	1.90	8.42	0.52	43.28	2.49
VALOARE ENERGETICA [KJ]: 181.07									