

CIORBA ARDELENEASCA CU CARNE DE PORC 300 g

Raw material	Quantity (g)	Counted to 100.00	din care		proteina%	Carbohidrat	din care		Val En [Kcal]	Na
			grasimi %	Ac grasi sat			zaharuri			
Water ice / APA/GHEATA	0.20	52.22								0.01
PULPA PORC	0.07	18.28	0.31	0.00	4.17	0.00	0.00			
SMANTANA 20%	0.03	7.83	1.57	0.22	0.22	0.25	0.01			
GALBENUS OU	0.01	2.61	0.69	0.07	0.41	0.09	0.00			
SARE	0.00	0.26								0.10
Added ingredients										
CONDIMENTE	0.00	0.522	0.00	0.00	0.00	0.11	0.02			0.00
VERDEATA	0.00	0.522	0.00	0.00	0.02	0.03	0.00			0.00
CEAPA	0.02	3.916	0.00	0.00	0.04	0.37	0.02			0.00
MORCOVI	0.02	3.916	0.01	0.00	0.04	0.38	0.02			0.63
OREZ	0.02	3.916	0.03	0.00	0.31	2.98	0.00			3.04
OTET	0.01	1.305	0.00	0.00	0.00	0.00	0.00			0.00
ULEI	0.01	1.305	1.20	0.12	0.00	0.00	0.00			0.51
TELINA	0.01	1.828	0.00	0.00	0.01	0.05	0.00			0.57
PIPER	0.00	0.261	0.01	0.00	0.03	0.17	0.00			0.08
FAINA ALBA	0.01	1.305	0.01	0.00	0.14	0.95	0.00			0.40
Salt content in product:	0.26	80.00								
Total (kg)	0.38		3.85	0.41	5.39	5.39	0.07		58.18	5.33
Loss during heat treatment:		produs finit	4.81	0.51	6.74	6.74	0.08		72.72	6.66
VALOARE ENERGETICA [KJ]: 304.27										